


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>May cont'd</p> <p>10:00 Dominos [GR]</p> <p>1:00 500 with Friends! [GR]</p> <p>1:00 Movie and Popcorn [TR]</p> <p>31</p>	<p>Location Keys</p> <p>Craft Room CR</p> <p>Fireside Lounge FL</p> <p>Fitness Room FR</p> <p>Front Porch FP</p> <p>Game Room GR</p> <p>Lobby L</p> <p>Main Dining Room MDR</p> <p>Rooftop Patio RP</p> <p>The Library TL</p> <p>The Pub TP</p> <p>Theater Room TR</p>	<p>♥ Emotional</p> <p>🌿 Environmental</p> <p>🏠 Health Services</p> <p>🧠 Intellectual</p> <p>🎯 Physical</p> <p>👥 Social</p> <p>🦋 Spiritual</p> <p>🏠 Vocational</p>	<p></p> <p>AT VADNAIS HEIGHTS</p>	<p>All Activities Are Subject To Change</p>	<p>10:00 Seated Yoga [FR]</p> <p>10:30 Creative Connections [CR]</p> <p>12:30 After Lunch Walk [FL]</p> <p>2:00 Happy Hour [TP]</p> <p>2:00 Rummikub with Neighbors [GR]</p> <p>3:00 Rosary [TL]</p> <p>1</p>	<p>1:00 Movie and Popcorn [TR]</p> <p>1:00 Phase 10 [GR]</p> <p>1:30 Skip-Bo [GR]</p> <p>3:25 OUTING: Church of St. Pius X [L]</p> <p>2</p>
<p>10:00 Dominos [GR]</p> <p>1:00 500 with Friends! [GR]</p> <p>1:00 Movie and Popcorn [TR]</p> <p>3</p>	<p>10:00 Fun and Fitness [FR]</p> <p>10:30 Forms and a Friendly Face [MDR]</p> <p>12:30 After Lunch Walk [FL]</p> <p>1:00 Bridge [GR]</p> <p>2:00 Rummikub with Neighbors [GR]</p> <p>2:30 Men's Group [FP]</p> <p>3:00 Rosary [TL]</p> <p>4</p>	<p>10:00 Seated Yoga [FR]</p> <p>10:30 Bible Study with Mike [RP]</p> <p>10:30 St. Odilia Catholic Church [TP]</p> <p>12:30 After Lunch Walk [FL]</p> <p>1:00 Bingo [TP]</p> <p>1:00 Cribbage [GR]</p> <p>PM Cinco de Mayo Party [MDR]</p> <p>3:00 500 with Friends! [GR]</p> <p>5</p>	<p>10:00 Fun and Fitness [FR]</p> <p>12:30 After Lunch Walk [FL]</p> <p>1:00 Armchair Travels [TR]</p> <p>1:00 Hand and Foot [TP]</p> <p>2:00 Rummikub with Neighbors [GR]</p> <p>3:00 Musical Entertainment with Diane and Lee [MDR]</p> <p>3:00 Rosary [TL]</p> <p>6</p>	<p>10:00 Fun and Fitness [FR]</p> <p>10:30 Five Crowns [TP]</p> <p>10:45 Newtrax Circular [L]</p> <p>12:30 After Lunch Walk [FL]</p> <p>1:00 Bingo [TP]</p> <p>1:00 Cribbage [GR]</p> <p>2:05 Resident Council [TP]</p> <p>3:00 Mother's Day Sip and Paint [CR]</p> <p>7</p>	<p>8:30 Coffee and Conversation for Senior Veterans [MDR]</p> <p>10:00 Seated Yoga [FR]</p> <p>10:30 Creative Connections [CR]</p> <p>12:30 After Lunch Walk [FL]</p> <p>1:00 Craft with Volunteers [CR]</p> <p>2:00 New Resident Meet and Greet Happy Hour [TP]</p> <p>2:00 Rummikub with Neighbors [GR]</p> <p>3:00 Rosary [TL]</p> <p>8</p>	<p>1:00 Movie and Popcorn [TR]</p> <p>1:00 Phase 10 [GR]</p> <p>1:30 Skip-Bo [GR]</p> <p>3:25 OUTING: Church of St. Pius X [L]</p> <p>9</p>
<p>Mother's Day</p> <p>10:00 Dominos [GR]</p> <p>1:00 500 with Friends! [GR]</p> <p>1:00 Movie and Popcorn [TR]</p> <p>10</p>	<p>10:00 Fun and Fitness [FR]</p> <p>10:30 Forms and a Friendly Face [MDR]</p> <p>12:30 After Lunch Walk [FL]</p> <p>1:00 Bridge [GR]</p> <p>2:00 Rummikub with Neighbors [GR]</p> <p>2:30 Men's Group [FP]</p> <p>3:00 Rosary [TL]</p> <p>11</p>	<p>7:30 Waffle Breakfast [MDR]</p> <p>10:00 Seated Yoga [FR]</p> <p>10:30 Bible Study with Mike [RP]</p> <p>12:30 After Lunch Walk [FL]</p> <p>1:00 Bingo [TP]</p> <p>1:00 Cribbage [GR]</p> <p>2:00 Food Forum [MDR]</p> <p>2:30 Women's Chit Chat [TP]</p> <p>3:00 500 with Friends! [GR]</p> <p>12</p>	<p>10:00 Blood Pressure Clinic</p> <p>10:00 Fun and Fitness [FR]</p> <p>12:30 After Lunch Walk [FL]</p> <p>1:00 Hand and Foot [TP]</p> <p>1:00 Let's Get Crafty [CR]</p> <p>2:00 Rummikub with Neighbors [GR]</p> <p>3:00 Rosary [TL]</p> <p>3:00 Seated Sports Club [CR]</p> <p>13</p>	<p>10:00 Fun and Fitness [FR]</p> <p>10:30 Five Crowns [TP]</p> <p>10:45 Newtrax Circular [L]</p> <p>12:30 After Lunch Walk [FL]</p> <p>1:00 Bingo [TP]</p> <p>1:00 Cribbage [GR]</p> <p>2:00 Town Hall [TR]</p> <p>14</p>	<p>10:00 Seated Yoga [FR]</p> <p>10:30 Book Club [TL]</p> <p>10:30 Creative Connections [CR]</p> <p>11:00 Outing: Cabin 61 [L]</p> <p>12:30 After Lunch Walk [FL]</p> <p>2:00 Happy Hour [TP]</p> <p>2:00 Rummikub with Neighbors [GR]</p> <p>3:00 Rosary [TL]</p> <p>15</p>	<p>1:00 Movie and Popcorn [TR]</p> <p>1:00 Phase 10 [GR]</p> <p>1:30 Skip-Bo [GR]</p> <p>3:25 OUTING: Church of St. Pius X [L]</p> <p>16</p>
<p>10:00 Dominos [GR]</p> <p>1:00 500 with Friends! [GR]</p> <p>1:00 Movie and Popcorn [TR]</p> <p>17</p>	<p>10:00 Fun and Fitness [FR]</p> <p>10:30 Forms and a Friendly Face [MDR]</p> <p>12:30 After Lunch Walk [FL]</p> <p>1:00 Bridge [GR]</p> <p>2:00 Rummikub with Neighbors [GR]</p> <p>2:30 Men's Group [FP]</p> <p>3:00 Rosary [TL]</p> <p>18</p>	<p>10:00 Seated Yoga [FR]</p> <p>10:30 Bible Study with Mike [RP]</p> <p>10:30 St. Odilia Catholic Church [TP]</p> <p>12:30 After Lunch Walk [FL]</p> <p>1:00 Bingo [TP]</p> <p>1:00 Cribbage [GR]</p> <p>2:30 Women's Chit Chat [TP]</p> <p>3:00 500 with Friends! [GR]</p> <p>3:00 Musical Entertainment with J & J [MDR]</p> <p>19</p>	<p>10:00 Fun and Fitness [FR]</p> <p>11:00 Pastor Nadia from Shepherds of the Hills Lutheran Church [TR]</p> <p>12:30 After Lunch Walk [FL]</p> <p>1:00 Bundles of Love: Sharing Smiles [CR]</p> <p>1:00 Hand and Foot [TP]</p> <p>2:00 Rummikub with Neighbors [GR]</p> <p>3:00 Rosary [TL]</p> <p>3:00 Seated Sports Club [CR]</p> <p>20</p>	<p>10:00 Fun and Fitness [FR]</p> <p>10:30 Five Crowns [TP]</p> <p>10:45 Newtrax Circular [L]</p> <p>12:30 After Lunch Walk [FL]</p> <p>1:00 Bingo [TP]</p> <p>1:00 Cribbage [GR]</p> <p>21</p>	<p>10:00 Seated Yoga [FR]</p> <p>10:30 Creative Connections [CR]</p> <p>12:30 After Lunch Walk [FL]</p> <p>2:00 Happy Hour with Karaoke [MDR]</p> <p>2:00 Rummikub with Neighbors [GR]</p> <p>3:00 Rosary [TL]</p> <p>22</p>	<p>1:00 Movie and Popcorn [TR]</p> <p>1:00 Phase 10 [GR]</p> <p>1:30 Skip-Bo [GR]</p> <p>3:25 OUTING: Church of St. Pius X [L]</p> <p>23</p>
<p>10:00 Dominos [GR]</p> <p>1:00 500 with Friends! [GR]</p> <p>1:00 Movie and Popcorn [TR]</p> <p>24</p>	<p>Memorial Day</p> <p>12:30 After Lunch Walk [FL]</p> <p>1:00 Bridge [GR]</p> <p>2:00 Memorial Day Celebration with Musical Entertainment from Ross McLead [MDR]</p> <p>2:00 Rummikub with Neighbors [GR]</p> <p>3:00 Rosary [TL]</p> <p>25</p>	<p>10:00 Seated Yoga [FR]</p> <p>10:30 Bible Study with Mike [RP]</p> <p>12:30 After Lunch Walk [FL]</p> <p>1:00 Bingo [TP]</p> <p>1:00 Cribbage Tournament [GR]</p> <p>2:00 Bingo Auction [TP]</p> <p>2:30 Women's Chit Chat [TP]</p> <p>3:00 500 with Friends! [GR]</p> <p>26</p>	<p>10:00 Fun and Fitness [FR]</p> <p>12:30 After Lunch Walk [FL]</p> <p>1:00 Dick Ottman's- I believe [TR]</p> <p>1:00 Hand and Foot [TP]</p> <p>2:00 Rummikub with Neighbors [GR]</p> <p>3:00 Rosary [TL]</p> <p>3:00 Seated Sports Club [CR]</p> <p>27</p>	<p>7:30 Breakfast for a Cause [MDR]</p> <p>10:00 Fun and Fitness [FR]</p> <p>10:30 Five Crowns [TP]</p> <p>10:45 Newtrax Circular [L]</p> <p>12:30 After Lunch Walk [FL]</p> <p>1:00 Bingo [TP]</p> <p>1:00 Cribbage [GR]</p> <p>3:00 Culinary Without the Flame [TP]</p> <p>28</p>	<p>10:00 Seated Yoga [FR]</p> <p>10:30 Book Club [TL]</p> <p>10:30 Creative Connections [CR]</p> <p>11:00 Outing: Mac's Diner [L]</p> <p>12:30 After Lunch Walk [FL]</p> <p>2:00 Happy Hour [TP]</p> <p>2:00 Rummikub with Neighbors [GR]</p> <p>3:00 Rosary [TL]</p> <p>29</p>	<p>1:00 Movie and Popcorn [TR]</p> <p>1:00 Phase 10 [GR]</p> <p>1:30 Skip-Bo [GR]</p> <p>3:25 OUTING: Church of St. Pius X [L]</p> <p>30</p>