














- 10:00  Fun and Fitness
Get that body moving! These classes are hosted by our life enrichment team.
Fitness Room
- 11:00  Worship Service with Pastor Jon
Theater Room
- 12:30  After Lunch Walk with Laura
Come get that blood moving after lunch! Laura will be joining us for the walks every Monday. We will walk 1st floor or outside weather permitting.
Fireside Lounge
- 1:00  Bingo
Feeling lucky? Come play bingo and win prizes!
The Pub
- 1:00  Bridge
Our bridge group is in search of an alternate! We currently have one full table for bridge. If there is enough resident interest, we would be happy to add a second table. Spectators welcome!
Game Room
- 2:30  Rummikub with Neighbors
Head to the card room for a rousing game of rummikub!
Game Room
- 3:00  Rosary
Join us in the library for the reciting of the rosary. The rosary will be held Monday, Wednesday and Friday with communion on Fridays.
The Library

February 6, 2024

AL/IL


Tuesday

created
with  Sagely





- 10:00  DrumFit
Designed for older adults this program uses movement through drumming. It is easy and fun to learn. Due to limited supplies, limit 5 residents and first come first served.
Fitness Room
- 10:30  Five Crowns with Sydnee
Game Room
- 12:30  After Lunch Walk
Get that blood moving after lunch with a walk! Meet in the Fireside Lounge. We will walk the 1st floor or outside if weather allows.
Fireside Lounge
- 1:00  Cribbage
Come and play a friendly game of cribbage with friends. We are looking for another group of four people to join us!
Game Room
- 1:00  Women's Chit Chat
Come and socialize with the ladies of Gable Pines. Wine and non-alcoholic beverages will be served at this event.
The Pub
- 3:00  500 with Friends!
Join us for a game of 500! New players and experts alike are welcome!
Game Room

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Get that body moving! These classes are hosted by our life enrichment team.
Fitness Room
- 12:30  After Lunch Walk
Get that blood moving after lunch with a walk! Meet in the Fireside Lounge. We will walk the 1st floor or outside if weather allows.
Fireside Lounge
- 1:00  Hand and Foot
Venture to the pub for a fun game of hand and foot from 1:00-3:00!
The Pub
- 1:00  Let's Get Crafty
This staff led activity is for residents who are experts and residents who are newbies!
Craft Room
- 3:00  Rosary
Join us in the library for the reciting of the rosary. The rosary will be held Monday, Wednesday and Friday with communion on Fridays.
The Library
- 4:00  Walk-In Wednesday
During this weekly marketing event from 4-6pm, attendees will be given information, a short tour, and take home a cup of soup to enjoy!
Lobby

- 9:30-  Blood Pressure Clinic
10:00 *This event is for all of our residents who would like their blood pressure checked. It is free of charge and will be from 9:30-10am.*
- 9:50  Newtrax Circular
The Newtrax Circular is a free bus for residents to get out in the community to get some shopping done. A map of all the stop s is available by the concierge desk. This is not a supervised event.
Lobby
- 10:00  Movie and Popcorn
Venture on down to the movie theater for the showing of "Queens Bees". After reluctantly agreeing to move in to a senior's home, a woman encounters a clique of mean-spirited women and an amorous widower. Cast: Ellen Burstyn, Jane Curtin and Loretta Devine. This movie is: Comedy, Drama and Romance. Rated: PG-13. Duration: 1h 40m
Theater Room
- 12:30  After Lunch Walk
Get that blood moving after lunch with a walk! Meet in the Fireside Lounge. We will walk the 1st floor or outside if weather allows.
Fireside Lounge
- 1:00  Bingo
Feeling lucky? Come play bingo and win prizes!
The Pub
- 1:00  Cribbage
Come and play a friendly game of cribbage with friends. We are looking for another group of four people to join us!
Game Room
- 2:00 Men's Group
Enjoy a beverage and discuss a variety of topics.
The Pub
- 3:00  Town Hall
Get a recap and updates from the Resident Council meeting the week prior from our management team!
Theater Room

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Fitness Room
- 12:30  After Lunch Walk
Get that blood moving after lunch with a walk! Meet in the Fireside Lounge. We will walk the 1st floor or outside if weather allows.
Fireside Lounge
- 1:00  Happy Hour
Join us for a happy hour social! We will have both alcoholic and non alcoholic options available.
The Pub
- 2:00  Rummikub with Neighbors
Head to the card room for a rousing game of rummikub!
Game Room
- 2:00  Trivia
Ahhh, Trivia, one of the best ways to get our brain moving. Questions cover a variety of categories and skill levels.
The Pub
- 3:00  Rosary
Join us in the library for the reciting of the rosary. The rosary will be held Monday, Wednesday and Friday with communion on Fridays.
The Library

- 11:00 🥁 DrumFit
Designed for older adults this program uses movement through drumming. It is easy and fun to learn. Due to limited supplies, limit 5 residents and first come first served.
Fitness Room
- 1:00 ❤️ Movie and Popcorn
Venture down to the movie theater for a showing of "Rescued by Ruby". Chasing his dream to join an elite K-9 unit, a state trooper partners with a fellow underdog: clever but naughty shelter pup Ruby. Cast: Grant Gustin, Scott Wolf, and more. This movie is: family movie, based on a true story. Duration: 1 hr 33 min.
Theater Room
- 1:00 🧩 Phase 10
Phase 10 is based on a variant of rummy known as Liverpool rummy, and is a member of the contract rummy family.
Game Room
- 1:30 🧩 Skip-Bo
Join your neighbors in a fun game of Skip-Bo!
Game Room
- 3:25 🦋 OUTING: Church of St. Pius X
Join your neighbors to Mass at the Church of St. Pius X. The bus will pick up at Gable Pines at 3:30 for 4:00 mass. The bus will pick back up at St. Pius at 5:05. Please note staff will not be in attendance for this outing. Sign up at concierge!
Lobby

- 10:00  Dominos
Grab a friend head down to the game room for a fun game of dominos!
Game Room
- 1:00  500 with Friends!
Join us for a game of 500! New players and experts alike are welcome!
Game Room
- 1:00  Movie and Popcorn
Venture down to the theater for the showing of "Fried Green Tomatoes". Flashbacks reveal the remarkable story of soulmates Idgie and Ruth, whose antics cause an uproar in their rural Southern town in the 1920's. Cast: Kathy Bates, Mary Stuart Masteron, and more. This movie is: Heartfelt, tearjerker, classic. Duration: 2 hour 10 minutes.
Theater Room
- 6:30  Phase 10
Phase 10 is based on a variant of rummy known as Liverpool rummy, and is a member of the contract rummy family.
Game Room