







November 14, 2022

AL/IL

Monday

created
with
Sagely

- 10:00  Fun and Fitness
Get that body moving! These classes are hosted by our life enrichment team.
Fitness Room
- 12:30  After Lunch Walk
Get that blood moving after lunch with a walk! Meet in the Fireside Lounge. We will walk the 1st floor or outside if weather allows.
Fireside Lounge
- 1:00  Bingo
Feeling lucky? Come play bingo and win prizes!
Forestville Rooftop Patio
- 1:00  Bridge
Our bridge group is in search of an alternate! We currently have one full table for bridge. If there is enough resident interest, we would be happy to add a second table. Spectators welcome!
Frontenac Game Room
- 2:30  Rummikub with Neighbors
Head to the card room for a rousing game of rummikub!
Frontenac Game Room
- 3:00  Rosary
Join us in the library for the reciting of the rosary. The rosary will be held Monday, Wednesday and Friday with communion on Fridays.
The Library
- 7:00  Movie and Popcorn in the Theater
Venture on down to the movie theater for the showing of "The Pink Panther". Bumbling Inspector Clouseau must solve the murder of a world-famous soccer coach and catch the thief who stole his priceless diamond ring. Duration: 1 hour 30 minutes. Cast: Steve Martin, Kevin Kline, and more. This movie is: comedy, mystery.
Grand Portage Theater Room







- 10:00  DrumFit
Designed for older adults this program uses movement through drumming. It is easy and fun to learn. Due to limited supplies, limit 5 residents and first come first served.
Fitness Room
- 10:30  Sewing, Stitching, and Needle work Group
Do you enjoy sewing, stitching, needle work? This is the activity for you. Every Tuesday and Friday at 10:30 in the craft room, bring your projects to work on the craft room. Not sure what to do? Sydnee will be present to teach you how to crochet.
Itasca Craft Room
- 12:30  After Lunch Walk
Get that blood moving after lunch with a walk! Meet in the Fireside Lounge. We will walk the 1st floor or outside if weather allows.
Fireside Lounge
- 1:00  Women's Chit Chat
Come and socialize with the ladies of Gable Pines. Wine and non-alcoholic beverages will be served at this event.
The Pub
- 2:00  Musical Entertainment with David Swanson
Old classic songs from the 1920's-1940's while playing my keyboard and my show also included some fun "name that tune" trivia games
- 3:00  500 with Friends!
Join us for a game of 500! New players and experts alike are welcome!

November 16, 2022








AL/IL

Wednesday

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- 10:00  Fun and Fitness
Get that body moving! These classes are hosted by our life enrichment team.
Fitness Room
- 11:00  Bible Study
Bible Study is back with Margaret!
Forestville Rooftop Patio
- 11:30  OUTING: Pedicure at PROSE Nail Salon
Lobby
- 12:30  After Lunch Walk
Get that blood moving after lunch with a walk! Meet in the Fireside Lounge. We will walk the 1st floor or outside if weather allows.
Fireside Lounge
- 1:00  Let's Get Crafty
This staff led activity is for residents who are experts and residents who are newbies!
Itasca Craft Room
- 3:00  Rosary
Join us in the library for the reciting of the rosary. The rosary will be held Monday, Wednesday and Friday with communion on Fridays.
The Library

- 10:00  **Movie and Popcorn**
Venture on down to the movie theater for the showing of " The Mask of Zorro ". An aging Zorro recruits a protégé to inherit his mask by stopping the devious plan of a powerful landlord with whom they both have a personal grudge. Rated: PG-13. Duration: 2hrs 17 mins. Cast: Antonio Banderas, Anthony Hopkins, and Catherine Zeta-Jones. This Movie is Action/Adventure, Romantic.
Grand Portage Theater Room
- 10:00  **Newtrax Circular**
The Newtrax Circular is a free bus for residents to get out in the community to get some shopping done. A map of all the stop s is available by the concierge desk. This is not a supervised event.
Lobby
- 12:30  **After Lunch Walk**
Get that blood moving after lunch with a walk! Meet in the Fireside Lounge. We will walk the 1st floor or outside if weather allows.
Fireside Lounge
- 1:00  **Cribbage**
Come and play a friendly game of cribbage with friends.
Frontenac Game Room
- 2:00  **Big Read Book Discussion**
Grand Portage Theater Room

- 10:00  Fun and Fitness
Get that body moving! These classes are hosted by our life enrichment team.
Fitness Room
- 10:30  Sewing, Stitching, and Needle work Group
Do you enjoy sewing, stitching, needle work? This is the activity for you. Every Tuesday and Friday at 10:30 in the craft room, bring your projects to work on the craft room. Not sure what to do? Sydnee will be present to teach you how to crochet.
Itasca Craft Room
- 12:30  After Lunch Walk
Get that blood moving after lunch with a walk! Meet in the Fireside Lounge. We will walk the 1st floor or outside if weather allows.
Fireside Lounge
- 1:00  Book Club
Come join us for our new book club hosted by Sydnee! The book will be provided.
Forestville Rooftop Patio
- 2:00  Happy Hour
Join us in the pub for a happy hour social! We will have both alcoholic and non alcoholic options available.
The Pub
- 3:00  Rosary
Join us in the library for the reciting of the rosary. The rosary will be held Monday, Wednesday and Friday with communion on Fridays.
The Library
- 3:00  Rummikub with Neighbors
Head to the card room for a rousing game of rummikub!
Frontenac Game Room

- 11:00 🥁 DrumFit
Designed for older adults this program uses movement through drumming. It is easy and fun to learn. Due to limited supplies, limit 5 residents and first come first served.
Fitness Room

- 1:00 ❤️ Movie and Popcorn
Venture down to the movie theater for a showing of "Moneyball". Frustrated that his baseball team can't afford big-money players, Oakland A's general manager Billy Beane bets on a bold new strategy to change the game. Duration: 2 hr 13 min. Cast: Brad Pitt, Jonah Hill, Chris Pratt, and more. This movie is: sports, drama.
Grand Portage Theater Room

- 1:30 🧩 Skip-Bo
Join your neighbors in a fun game of Skip-Bo!
Frontenac Game Room

- 3:00 🧩 Farkle
Farkle is a push-your-luck game in which the objective is to be the first player to accumulate 10,000 points.
Frontenac Game Room





- 3:30 🦋 OUTING: Church of St. Pius X
Join your neighbors to Mass at the Church of St. Pius X. The bus will pick up at Gable Pines at 3:30 for 4:00 mass. The bus will pick back up at St. Pius at 5:05. Please note staff will not be in attendance for this outing. Sign up at concierge!
Lobby

November 20, 2022

AL/IL

Sunday

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- 11:00  Dominos
Grab a friend head down to the game room for a fun game of dominos!
Frontenac Game Room
- 1:00  500 with Friends!
Frontenac Game Room
- 3:00  Dominos
Bring a friend and get playing!
Frontenac Game Room
- 6:30  Phase 10
Phase 10 is based on a variant of rummy known as Liverpool rummy, and is a member of the contract rummy family.
Frontenac Game Room