

Monday, August 01, 2022

9:00 - 10:00

Front Porch

COFFEE AND CONVERSTAIION

Is there anything better than a hot cup of coffee in the morning and chatting with your neighbors? Grab a cup of coffee from the lobby and meet on the front porch for this resident led activity.

10:00 - 10:30

Fitness Room

FUN AND FITNESS

Get that body moving, at fun and fitness! These classes are hosted by our life enrichment team.

10:30 - 11:00

Fitness Room

WALKING GROUP

Want to get your steps in? Join us for a walking group! Meet at the fitness center and we will walk outside weather permitting.

1:00 - 3:00

Frontenac Game
Room

BRIDGE GROUP

Our bridge group is in search of an alternate! We currently have one full table for bridge. If there is enough resident interest, we would be happy to add a second table. Spectators welcome!

2:00 - 2:45

The Pub

BINGO!

Feeling lucky? Come play some bingo and win prizes!

3:00 - 4:00

The Library

ROSARY

Join us in the library for the reciting of the rosary. The rosary will be held Monday, Wednesday, and Friday.

3:30 - 4:30

Frontenac Game
Room

RUMMIKUB WITH NEIGHBORS

Head to the card room for a rousing game of rummikub!

6:30 - 8:30

Grand Portage
Theater Room

MOVIE AND POPCORN IN THE THEATER

Venture on down to our movie theater for the showing of "War of the Worlds" and some popcorn! When a violent alien takeover threatens Earth, an estranged dad must step up to protect his two kids and he'll stop at nothing to keep them safe. Rated: PG-13. Cast: Tom Cruise, Dakota Fanning and more.

Tuesday, August 02, 2022

9:00 - 10:00

Front Porch

COFFEE AND CONVERSTAION

Is there anything better than a hot cup of coffee in the morning and chatting with your neighbors? Grab a cup of coffee from the lobby and meet on the front porch for this resident led activity.

10:00 - 10:30

Fitness Room

CARDIO DRUMMING

Cardio Drumming is a non-impact workout designed with everyone in mind. The workout is to music using drum sticks and an exercise ball. No matter the age or ability, drumming is for you. Due to supplies, limit 5 residents, first come first serve.

10:30 - 11:30

Itasca Craft Room

SEWING, STITCHING, AND NEEDLE WORK GROUP

Do you enjoy sewing, stitching, needle work? This is the activity for you. Every Tuesday at 10:30 in the craft room, bring your projects to work on the craft room. Not sure what to do? Sydnee will be present to teach you how to crochet.

1:00 - 2:00

Front Porch

WOMEN'S CHIT CHAT

Come and socialize with the ladies of Gable Pines. Wine and non-alcholoic beverages will be served at this event. PLEASE NOTE WE WILL HAVE THIS WEEKS CHIT CHAT ON THE FRONT PORCH, WEATHER PERMITTING.

3:00 - 4:30

Frontenac Game Room

500 WITH FRIENDS!

Join us for a game of 500! New players, and experts alike are welcome!

6:30 - 7:30

Front Porch

LEMONADE ON THE FRONT PORCH

Wind down at the end of the day with an ice-cold glass of lemonade and visiting with your neighbors.

Wednesday, August 03, 2022

9:00 - 10:00

Front Porch

COFFEE AND CONVERSTAION

Is there anything better than a hot cup of coffee in the morning and chatting with your neighbors? Grab a cup of coffee from the lobby and meet on the front porch for this resident led activity.

9:30 - 10:00

Fireside Lounge

COFFEE WITH THE EXECUTIVE DIRECTOR

Spend some time chatting with our executive director Laura!

10:30 - 11:30

The Pub

ACTIVITY PLANNING SESSION

Join us to discuss all things activities and help plan next months calendar.

1:00 - 2:30

Itasca Craft Room

LET'S GET CRAFTY

Come one, come all and get crafty with our life enrichment team! Earlier in the month the life enrichment team and Gable Pine residents picked out crafts for the month. Curious about which craft we will do this day? Come and ask Cassie, our life enrichment director!

3:00 - 4:00

The Library

ROSARY

Join us in the library for the reciting of the rosary. The rosary will be held Monday, Wednesday, and Friday.

Thursday, August 04, 2022

9:00 - 10:00

Front Porch

COFFEE AND CONVERSTAION

Is there anything better than a hot cup of coffee in the morning and chatting with your neighbors? Grab a cup of coffee from the lobby and meet on the front porch for this resident led activity.

10:00 - 12:30

Grand Portage
Theater Room

MOVIE AND POPCORN IN THE THEATER

Venture on down to our movie theater for the showing of "Goodfellas" and some popcorn! Former mobster Henry Hill recounts his colorful yet violent rise and fall in a New York crime family- a high-rolling dream turned paranoid nightmare. Rated: R. Cast: Robert De Niro, Ray Liotta, Jose Pesci and more. This movie is: violent, gritty, dark and based on real life.

10:00 - 11:45

Lobby

NEWTRAX CIRCULAR

****FULLY VACCINATED RESIDENTS ONLY****The Newtrax Circular is free bus for residents to get out in the community to get some shopping done! A map of all the stops is available by the concierge desk. This is not a supervised event. Please wear a mask and attend on your own accord.

1:00 - 1:50

Frontenac Game
Room

CRIBBAGE

Come and play a friendly game of cribbage with friends!

3:00 - 4:00

The Pub

RESIDENT COUNCIL

Resident Council is a meeting for the residents ran by the residents of Gable Pines. Come and share your ideas, thoughts and positivity at Resident Council.

6:30 - 7:30

The Pub

LATE NIGHT HAPPY HOUR

Join us in the pub for a happy hour social! We will have both alcoholic and non alcoholic options available! This is a great event for new residents to get to know their neighbors!

Friday, August 05, 2022

9:00 - 10:00

Front Porch

COFFEE AND CONVERSTAION

Is there anything better than a hot cup of coffee in the morning and chatting with your neighbors? Grab a cup of coffee from the lobby and meet on the front porch for this resident led activity.

10:00 - 10:30

Fitness Room

FUN AND FITNESS

Get that body moving, at fun and fitness! These classes are hosted by our life enrichment team.

10:30 - 11:00

Fitness Room

WALKING GROUP

Want to get your steps in? Join us for a walking group! Meet at the fitness center and we will walk outside weather permitting. Todays walking group will be resident led.

2:00 - 2:50

The Pub

HAPPY HOUR

Join us in the pub for a happy hour social! We will have both alcoholic and non alcoholic options available! This is a great event for new residents to get to know their neighbors!

3:00 - 4:00

The Library

ROSARY AND COMMUNION

Join us in the library for the reciting of the rosary. The rosary will be held Monday, Wednesday, and Friday. On Friday's we will also have communion after the rosary.

3:30 - 4:30

Frontenac Game Room

RUMMIKUB WITH NEIGHBORS

Head to the card room for a rousing game of rummikub!

Saturday, August 06, 2022

9:00 - 10:00

Front Porch

COFFEE AND CONVERSTAION

Is there anything better than a hot cup of coffee in the morning and chatting with your neighbors? Grab a cup of coffee from the lobby and meet on the front porch for this resident led activity.

10:00 - 10:30

Fitness Room

CARDIO DRUMMING

Cardio Drumming is a non-impact workout designed with everyone in mind. The workout is to music using drumsticks and an exercise ball. No matter the age or ability, drumming is for you. Due to supplies, limit 5 residents, first come first serve.

10:00 - 10:30

Fitness Room

FUN AND FITNESS

Get that body moving, at fun and fitness! These classes are hosted by our life enrichment team.

1:00 - 3:30

Grand Portage
Theater Room

MOVIE AND POPCORN IN THE THEATER

Venture on down to our movie theater for the showing of "Red Notice" and some popcorn! An FBI profiler pursuing the world's most wanted art thief becomes his reluctant partner in crime to catch an elusive crook who's always one step ahead. Rated: PG-13. Cast: Dwayne Johnson "The Rock", Ryan Reynolds, Gal Gadot and more. This movie is: Action and adventure, comedy, exciting.

1:30 - 2:30

Frontenac Game
Room

SKIP-BO

Join your neighbors in a fun game of Skip-Bo! Skip-Bo is a quick play party game that keeps everyone on their toes. Attempt to create building piles by stacking cards in ascending order based off of their numbers.

3:00 - 4:00

Frontenac Game Room

FARKLE

FARKLE is a push-your-luck game in which the objective is to be the first player to accumulate 10,000 points

3:30 - 5:00

Lobby

OUTING: CHURCH OF ST. PIUS X

Join your neighbors to Mass at the Church of St. Pius X. The bus will pick up at Gable Pines at 3:30 for 4:00 Mass. The bus will pick back up at St. Pius at 5:05. Please note that staff will not be attending this outing. Sign up at concierge!

Sunday, August 07, 2022

9:00 - 10:00

Front Porch

COFFEE AND CONVERSATION

Is there anything better than a hot cup of coffee in the morning and chatting with your neighbors? Grab a cup of coffee from the lobby and meet on the front porch for this resident led activity.

10:00 - 11:00

The Library

NON-DENOMINATIONAL WORSHIP ORGANIZATIONAL MEETING

Join us in our continuous efforts to organize a non-denominational worship service. Come with your ideas and resources to start a non-denominational at Gable Pines. Please note this will be resident led.

1:00 - 2:00

Frontenac Game Room

500 WITH FRIENDS!

The card room is open! Join us for a game of 500! New players, and experts alike are welcome!

3:00 - 4:00

Frontenac Game Room

DOMINOS

Dominos is back! Bring a friend and get playing!

6:30 - 7:30

Frontenac Game Room

PHASE 10

Phase 10 is based on a variant of rummy known as Liverpool rummy, and is a member of the contract rummy family.