

4TH OF JULY

INDEPENDENCE DAY

JULY 2022

SUNDAY

MONDAY

TUESDAY








WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

-  Physical
-  Emotional
-  Spiritual
-  Environmental
-  Vocational
-  Social
-  Intellectual
-  Health Services

The calendar can change for unforeseen circumstances

	Jul 31						01	02
	09:00 Coffee and Converstiaion 01:00 500 with friends! 03:00 Dominos 06:30 Phase 10						09:00 Coffee and Converstiaion 10:00 Fun and Fitness 10:30 Walking Group 02:00 Happy Hour 03:00 Rosary and Communion 03:30 Rummikub with neighbors	09:00 Coffee and Converstiaion 10:30 Open craft time 01:00 Movie and Popcorn in the theater 01:30 Skip-Bo 03:00 Farkle 03:30 OUTING: Church of St. Pius X
	09:00 Coffee and Converstiaion 01:00 500 with friends! 03:00 Dominos 06:30 Phase 10	Independence Day 09:00 Coffee and Converstiaion 10:30 Walking Group 01:00 Bridge Group 02:00 4th of July Happy Hour! 03:00 Rosary 03:30 Rummikub with neighbors	09:00 Coffee and Converstiaion 10:00 Cardio Drumming 10:30 Sewing, Stitching, and Needle work Group 01:00 Women's Chit Chat 02:00 Trivia with Don 03:00 500 with friends! 06:30 Lemonade on the front porch	09:00 Coffee and Converstiaion 09:30 Meet and Greet with the Executive Director 01:00 Let's Get Crafty 03:00 Rosary	09:00 Coffee and Converstiaion 10:00 Movie and Popcorn in the theater 10:00 Newtrax Circular 01:00 OUTING: Nelson's Ice Cream 01:00 Cribbage 03:00 Resident Council	09:00 Coffee and Converstiaion 10:00 Fun and Fitness 10:30 Walking Group 02:00 Happy Hour 03:00 Rosary and Communion 03:30 Rummikub with neighbors	09:00 Coffee and Converstiaion 10:30 Open craft time 01:00 Movie and Popcorn in the theater 01:30 Skip-Bo 03:00 Farkle 03:30 OUTING: Church of St. Pius X	
	09:00 Coffee and Converstiaion 10:00 Non-Denominational Worship Organizational Meeting 01:00 500 with friends! 03:00 Dominos 06:30 Phase 10	09:00 Coffee and Converstiaion 10:00 Fun and Fitness 10:30 Walking Group 01:00 Bridge Group 02:00 Bingo! 03:00 Rosary 03:30 Rummikub with neighbors	07:30 Waffle Breakfast 09:00 Coffee and Converstiaion 10:00 Cardio Drumming 10:30 Sewing, Stitching, and Needle work Group 01:00 Women's Chit Chat 02:00 Food Forum 03:00 500 with friends! 06:30 Lemonade on the front porch	09:00 Coffee and Converstiaion 09:30 OUTING: Minnesota Zoo 10:30 Blood Pressure Clinic 03:00 Rosary and Communion provided by Saint John's	09:00 Coffee and Converstiaion 10:00 Movie and Popcorn in the theater 10:00 Newtrax Circular 12:00 ALZ Bake Sale 01:00 Cribbage 02:00 Town Hall Meeting 03:00 Men's Group 06:30 Musical entertainment with Snap, Crackle, Pop!	09:00 Coffee and Converstiaion 09:30 OUTING: White Bear Lake Farmers Market 10:00 Fun and Fitness 10:30 Walking Group 02:00 Happy Hour 03:00 Rosary and Communion 03:30 Rummikub with neighbors	09:00 Coffee and Converstiaion 10:30 Open craft time 01:00 Movie and Popcorn in the theater 01:30 Skip-Bo 03:00 Farkle 03:30 OUTING: Church of St. Pius X	
	09:00 Coffee and Converstiaion 01:00 500 with friends! 03:00 Dominos 06:30 Phase 10	09:00 Coffee and Converstiaion 10:00 Fun and Fitness 10:30 Walking Group 01:00 Bridge Group 02:00 Bingo! 03:00 Rosary 03:30 Rummikub with neighbors	09:00 Coffee and Converstiaion 10:00 Cardio Drumming 10:30 Sewing, Stitching, and Needle work Group 12:30 OUTING: Bear Boating on White Bear Lake 01:00 Women's Chit Chat 02:00 Trivia with Don 03:00 500 with friends! 06:30 Lemonade on the front porch	09:00 Coffee and Converstiaion 10:00 Fun and Fitness 10:45 OUTING: Lunch at The Freight House 01:00 Let's Get Crafty 03:00 Rosary	09:00 Coffee and Converstiaion 10:00 Movie and Popcorn in the theater 10:00 Newtrax Circular 01:00 Cribbage 02:00 Musical entertainment with Bobby and Christine	09:00 Coffee and Converstiaion 10:00 Fun and Fitness 10:30 Walking Group 02:00 Happy Hour 03:00 Rosary and Communion 03:30 Rummikub with neighbors	09:00 Coffee and Converstiaion 10:30 Open craft time 01:00 Movie and Popcorn in the theater 01:30 Skip-Bo 03:00 Farkle 03:30 OUTING: Church of St. Pius X	
	09:00 Coffee and Converstiaion 01:00 500 with friends! 03:00 Dominos 06:30 Phase 10	09:00 Coffee and Converstiaion 10:00 Fun and Fitness 10:30 Walking Group 11:00 Craft planning! 01:00 Bridge Group 02:00 Bingo! 03:00 Rosary 03:30 Rummikub with neighbors	09:00 Coffee and Converstiaion 10:00 Cardio Drumming 10:30 Sewing, Stitching, and Needle work Group 01:00 Women's Chit Chat 02:00 Trivia with Don 03:00 500 with friends! 06:30 Lemonade on the front porch	09:00 Coffee and Converstiaion 10:30 Twin City- In Home Medical Supply Event 01:00 Let's Get Crafty 03:00 Rosary	09:00 Coffee and Converstiaion 10:00 Movie and Popcorn in the theater 10:00 Newtrax Circular 10:45 OUTING: Lunch at Bella Ciao 01:00 Cribbage 03:00 Men's Group	09:00 Coffee and Converstiaion 10:00 Fun and Fitness 10:30 Walking Group 02:00 Happy Hour 03:00 Rosary and Communion 03:30 Rummikub with neighbors	09:00 Coffee and Converstiaion 10:30 Open craft time 01:00 Movie and Popcorn in the theater 01:30 Skip-Bo 03:00 Farkle 03:30 OUTING: Church of St. Pius X	