

10:00 - 10:30

Fitness Room

FUN AND FITNESS

Get that body moving, at fun and fitness! These classes are hosted by our life enrichment team.

10:45 - 12:30

Lobby

OUTING: INGREDIENTS CAFE

Enjoy a yummy lunch from Ingredients Café! Ingredients Café has a variety of fun and unique dishes. We will leave Gable Pines at 10:45 and return around 12:30ish. Sign up at the front desk ASAP!

1:00 - 3:00

Frontenac Game
Room

BRIDGE GROUP

Our bridge group is in search of an alternate! We currently have one full table for bridge. If there is enough resident interest, we would be happy to add a second table. Spectators welcome!

2:00 - 2:45

The Pub

BINGO!

Feeling lucky? Come play some bingo and win prizes!

3:00 - 4:00

The Library

ROSARY

Join us in the library for the reciting of the rosary. The rosary will be held Monday, Wednesday, and Friday.

3:30 - 4:30

Frontenac Game
Room

RUMMIKUB WITH NEIGHBORS

Head to the card room for a rousing game of rummikub!

Tuesday, May 17, 2022

7:30 - 9:30

Cascade Main
Dining Room

WAFFLE BREAKFAST

Enjoy yummy waffles!

10:00 - 10:30

Fitness Room

CARDIO DRUMMING

Cardio Drumming is a non-impact workout designed with everyone in mind. The workout is to music using drum sticks and an exercise ball. No matter the age or ability, drumming is for you. Due to supplies, limit 5 residents, first come first serve.

1:00 - 2:00

Back Patio

WOMEN'S CHIT CHAT

Come and socialize with the ladies of Gable Pines. Feel free to bring any craft projects you might be working on. If you aren't the crafty type, just come to socialize. Wine will be served at this event. PLEASE NOTE WE WILL HAVE THIS WEEKS CHIT CHAT ON THE BACK PATIO, WEATHER PERMITTING.

2:00 - 2:45

Fireside Lounge

TRIVIA WITH DON

Join us for some Trivia! Questions cover a variety of categories, and skill levels!

3:00 - 4:30

Frontenac Game
Room

500 WITH FRIENDS!

Join us for a game of 500! New players, and experts alike are welcome!

Wednesday, May 18, 2022

10:00 - 11:00

The Pub

LOW VISION INSERVICE

Charlene works for the State of Minnesota providing education and resources for seniors who are blind or present with low vision. Come and learn more about what services are provided for you!

10:30 - 11:30

Itasca Craft Room

SEWING, STITCHING, AND NEEDLE WORK GROUP

Do you like to sew? Knit? Embroider? Quilt? Or even chat about sewing and projects you have done? Join in on this new resident led group every Wednesday at 10:30 AM. Please feel free to use any sewing items in our craft room.

1:00 - 2:30

Itasca Craft Room

LET'S GET CRAFTY

Come one, come all and get crafty with our life enrichment team! Earlier in the month the life enrichment team and Gable Pine residents picked out crafts for the month. Curious about which craft we will do this day? Come and ask Cassie, our life enrichment director!

3:00 - 4:00

The Library

ROSARY

Join us in the library for the reciting of the rosary. The rosary will be held Monday, Wednesday, and Friday.

Thursday, May 19, 2022

10:00 - 12:30

Grand Portage
Theater Room

MOVIE AND POPCORN IN THE THEATER

Venture on down to our movie theater for the showing of “The Tourist” and some popcorn!

Revolves around Frank, an American tourist visiting Italy to mend a broken heart. Elise is an extraordinary woman who deliberately crosses his path.

Rated: PG-13 This movie is: thriller, action.

10:00 - 11:45

Lobby

NEWTRAX CIRCULAR

****FULLY VACCINATED RESIDENTS ONLY****The Newtrax Circular is free bus for residents to get out in the community to get some shopping done! A map of all the stops is available by the concierge desk. This is not a supervised event. Please wear a mask and attend on your own accord.

1:00 - 1:50

Frontenac Game
Room

CRIBBAGE

Come and play a friendly game of cribbage with friends!

2:00 - 3:00

Cascade Main
Dining Room

MUSICAL ENTERTAINMENT WITH THE BANDANAHHH MUSIC DUO

The Bandanahhh Music Duo’s song list spans the decades, both old and new. They will get you singing along, laughing and playing with them!

Friday, May 20, 2022

10:00 - 10:30

Fitness Room

FUN AND FITNESS

Get that body moving, at fun and fitness! These classes are hosted by our life enrichment team.

12:45 - 1:45

Forestville
Rooftop Patio

"GENTLE AND LOWLY" BIBLE STUDY LED BY MARGARET

Focusing on Jesus's words that he is "gentle and lowly in heart," dive deep into Bible passages that speak of who he is, encouraging readers with the affectios of Christ for his people.

2:00 - 2:50

The Pub

HAPPY HOUR

Join us in the pub for a happy hour social! We will have both alcoholic and non alcoholic options available! This is a great event for new residents to get to know their neighbors!

3:00 - 4:00

The Library

ROSARY AND COMMUNION

Join us in the library for the reciting of the rosary. The rosary will be held Monday, Wednesday, and Friday. On Friday's we will also have communion after the rosary.

3:30 - 4:30

Frontenac Game
Room

RUMMIKUB WITH NEIGHBORS

Head to the card room for a rousing game of rummikub!

Saturday, May 21, 2022

10:30 - 11:30

Itasca Craft Room

OPEN CRAFT TIME

Come and see where your creative senses take you. Feel free to use anything in the craft room but please clean up after you are finished.

1:30 - 2:30

Frontenac Game Room

SKIP-BO

Join your neighbors in a fun game of Skip-Bo! Skip-Bo is a quick play party game that keeps everyone on their toes. Attempt to create building piles by stacking cards in ascending order based off of their numbers.

3:00 - 4:00

Frontenac Game Room

FARKLE

FARKLE is a push-your-luck game in which the objective is to be the first player to accumulate 10,000 points

3:30 - 5:00

Lobby

OUTING: CHURCH OF ST. PIUS X

Join your neighbors to Mass at the Church of St. Pius X. The bus will pick up at Gable Pines at 3:30 for 4:00 Mass. The bus will pick back up at St. Pius at 5:05. Please note that staff will not be attending this outing. Sign up at concierge!

Sunday, May 22, 2022

1:00 - 2:00

Frontenac Game Room

500 WITH FRIENDS!

The card room is open! Join us for a game of 500! New players, and experts alike are welcome!

3:00 - 4:00

Frontenac Game Room

DOMINOS

Dominos is back! Bring a friend and get playing!

6:30 - 7:30

Frontenac Game Room

PHASE 10

Phase 10 is based on a variant of rummy known as Liverpool rummy, and is a member of the contract rummy family.