



Here's some **Back Talk** you'll actually love.

That pain in your back is slowing you down, adding stress to your life, and generally being a real ... well ... **pain in the back.**

So join us for a highly informative seminar by Andy McLean from Odom Rehab on what may be causing your back pain and what you can do about it.

Wednesday, April 27 • 1:00 p.m.

Gable Pines at Vadnais Heights

Seating is limited, so reserve a place for you and a friend today. Call **651-829-3171** or email **GablePinesLIFE@GablePines.com**

Light refreshments will be served.

G  **BLE PINES**
AT VADNAIS HEIGHTS

1260 EAST COUNTY ROAD E.
VADNAIS HEIGHTS, MN 55110

GABLEPINES.COM

Managed by  Life Care Services®

