

8:30 - 9:30

Fireside Lounge

COFFEE AND CONVERSATION

Grab a cup of coffee and join us for some casual morning conversation. Talk about today's headlines, or daily activities, or catch up with friends. This is a self led activity.

10:00 - 10:30

Fitness Room

FUN AND FITNESS

Get that body moving, at fun and fitness! These classes are hosted by our life enrichment team. **For each class you attend in the month of January you will be entered into a raffle for a prize!

10:30 - 10:45

Fitness Room

MEDITATION MONDAY

Join us for Meditation Monday to kick off the week right. This is for all skill levels. Just come with an open heart and an open mind. This activity will follow right after our exercise group.

1:00 - 3:00

Frontenac Game
Room

BRIDGE GROUP

Our bridge group is in search of an alternate! We currently have one full table for bridge. If there is enough resident interest, we would be happy to add a second table. Spectators welcome!

2:00 - 2:45

The Pub

BINGO!

Feeling lucky? Come play some bingo and win prizes!

3:00 - 4:00

The Library

ROSARY

Join us in the library for the reciting of the rosary. The rosary will be held Monday, Wednesday, and Friday.

3:30 - 4:30

Frontenac Game
Room

RUMMIKUB WITH NEIGHBORS

Head to the card room for a rousing game of rummikub!

Tuesday, January 25, 2022

8:30 - 9:30

Fireside Lounge

COFFEE AND CONVERSATION

Grab a cup of coffee and join us for some casual morning conversation. Talk about today's headlines, or daily activities, or catch up with friends. This is a self led activity.

10:00 - 10:30

Fitness Room

CARDIO DRUMMING

Cardio Drumming is a non-impact workout designed with everyone in mind. The workout is to music using drum sticks and an exercise ball. No matter the age or ability, drumming is for you. Due to supplies, limit 5 residents, first come first serve.

1:00 - 2:00

Itasca Craft Room

WOMEN'S CHIT CHAT

Come and socialize with the ladies of Gable Pines. Feel free to bring any craft projects you might be working on. If you aren't the crafty type, just come to socialize. Wine will be served at this event.

2:00 - 2:45

Fireside Lounge

TRIVIA WITH DON

Join us for some Trivia! Questions cover a variety of categories, and skill levels!

3:00 - 4:30

Frontenac Game Room

500 WITH FRIENDS!

Join us for a game of 500! New players, and experts alike are welcome!

5:30 - 6:30

Frontenac Game Room

SCRABBLE WITH FRIENDS

Come play a game of scrabble!

Wednesday, January 26, 2022

8:30 - 9:30

Fireside Lounge

COFFEE AND CONVERSATION

Grab a cup of coffee and join us for some casual morning conversation. Talk about today's headlines, or daily activities, or catch up with friends. This is a self led activity.

10:00 - 10:30

Fitness Room

FUN AND FITNESS

Get that body moving, at fun and fitness! These classes are hosted by our life enrichment team. **For each class you attend in the month of January you will be entered into a raffle for a prize!

11:00 - 11:30

The Library

RESIDENT AMBASSADOR COMMITTEE MEETING

Want to help new residents get acquainted with Gable Pines and all we have to offer? Being a resident ambassador is for you! Join in on this meeting if you are a current resident ambassador or are interested in becoming one.

1:00 - 2:30

Itasca Craft Room

LET'S GET CRAFTY

Come one, come all and get crafty with our life enrichment team! Earlier in the month the life enrichment team and Gable Pine residents picked out crafts for the month. Curious about which craft we will do this day? Come and ask Cassie, our life enrichment director!

3:00 - 4:00

The Library

ROSARY

Join us in the library for the reciting of the rosary. The rosary will be held Monday, Wednesday, and Friday.

Thursday, January 27, 2022

8:30 - 9:30

Fireside Lounge

COFFEE AND CONVERSATION

Grab a cup of coffee and join us for some casual morning conversation. Talk about today's headlines, or daily activities, or catch up with friends. This is a self led activity.

10:00 - 11:45

Lobby

NEWTRAX CIRCULAR

****FULLY VACCINATED RESIDENTS ONLY****The Newtrax Circular is free bus for residents to get out in the community to get some shopping done! A map of all the stops is available by the concierge desk. This is not a supervised event. Please wear a mask and attend on your own accord.

10:15 - 12:00

Grand Portage
Theater Room

MOVIE AND POPCORN IN THE THEATER

Join us to watch "Sabrina" on the big screen! A workaholic mogul attempts to woo the chauffeur's enchanting daughter away from his betrothed younger brother to save a billion-dollar business deal. This movie is: sentimental, romantic, and comical. Rated: PG.

1:00 - 1:50

Frontenac Game
Room

CRIBBAGE

Come and play a friendly game of cribbage with friends!

2:00 - 3:00

Cascade Main
Dining Room

MUSICAL ENTERTAINMENT WITH MICHAEL LARSON

6:45 - 7:30

The Library

WORSHIP SERVICE WITH STEVE EGGERT

Join us for a non-denominational worship service every Wednesday in the library.

Friday, January 28, 2022

8:30 - 9:30

Fireside Lounge

COFFEE AND CONVERSATION

Grab a cup of coffee and join us for some casual morning conversation. Talk about today's headlines, or daily activities, or catch up with friends. This is a self led activity.

10:00 - 10:30

Fitness Room

FUN AND FITNESS

Get that body moving, at fun and fitness! These classes are hosted by our life enrichment team. **For each class you attend in the month of January you will be entered into a raffle for a prize!

10:30 - 1:00

Lobby

OUTING: THE MAD HATTER RESTAURANT AND TEA HOUSE

Brunch and tea. What could be better? Join in on the experience of The Mad Hatter Tea House. Come dressed the part in your tea party outfit. The Mad Hatter Tea house does require reservations. Limit 6 residents able to attend (so sign-up ASAP!). Reservation is for 11:00AM, we will leave Gable Pines around 10:30 and return about 1:00. Please note if you cancel after January 24th, you will be billed \$20. FULLY VACCINATED RESIDENTS ONLY!

2:00 - 2:50

Forestville
Rooftop Patio

HAPPY HOUR

Join us in the pub for a happy hour social! We will have both alcoholic and non alcoholic options available! This is a great event for new residents to get to know their neighbors! Please note location change.

3:00 - 4:00

The Library

ROSARY AND COMMUNION

Join us in the library for the reciting of the rosary. The rosary will be held Monday, Wednesday, and Friday. On Friday's we will also have communion after the rosary.

3:30 - 4:30

Frontenac Game
Room

RUMMIKUB WITH NEIGHBORS

Head to the card room for a rousing game of rummikub!

Saturday, January 29, 2022

8:30 - 9:30

Fireside Lounge

COFFEE AND CONVERSATION

Grab a cup of coffee and join us for some casual morning conversation. Talk about today's headlines, or daily activities, or catch up with friends. This is a self led activity.

10:30 - 11:30

Itasca Craft Room

OPEN CRAFT TIME

Come and see where your creative senses take you. Feel free to use anything in the craft room but please clean up after you are finished.

3:30 - 5:00

Lobby

OUTING: CHURCH OF ST. PIUS X

Join your neighbors to Mass as the Church of St. Piux X. The bus will pick up at Gable Pines at 3:30 for 4:00 Mass. The bus will pick back up at St. Piux at 5:05. Please note that staff will not be attending this outing. Sign up at concierge!

6:30 - 7:30

Frontenac Game
Room

ROOK

Join us for a game of rook in the card room. Invite your neighbor, and get involved!

Sunday, January 30, 2022

10:30 - 11:30

Itasca Craft Room

COLORING CLUB

Head to the craft room to do some coloring with friends!

1:30 - 2:30

Frontenac Game
Room

500 WITH FRIENDS!

The card room is open! Join us for a game of 500! New players, and experts alike are welcome!

2:30 - 3:30

Forestville
Rooftop Patio

"GENTLE AND LOWLY" BIBLE STUDY LED BY MARGARET

Focusing on Jesus's words that he is "gentle and lowly in heart," dive deep into Bible passages that speak of who he is, encouraging readers with the affectios of Christ for his people.

3:00 - 4:00

Frontenac Game
Room

DOMINOS

Dominos is back! Bring a friend and get playing!