

April

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY APRIL 2021

				01 April Fool's Day! This Day in History Music with Rhythm Would you Rather Laughter is the Best Medicine Twins game against MIL Bingo Snack and Chat Afternoon Stroll	02 Good Friday This Day in History Culinary Creations..bread White Board Games Snack and Chat Table top games Reminiscing boxes	03 This Day in History White Board Games Music and Movement Snack and Chat Reminiscing with the Senses... remembering going to the zoo Coloring Group Evening movie Twins game against MIL
04 Easter St. Mary's of the Lake Catholic Services Livestream Community of Grace Lutheran Services Livestream Twins game against MIL Bingo	05 This Day in History Stretch and release Over Under Game Twins game against DET Manicure Monday Snack and Chat Sing A Long	06 This Day in History Mens Group... blue bird houses White Board Games Twins game against DET Bingo Snack and Chat Reflections	07 National Beer Day! This Day in History Culinary Creations. .Dark Beer Bread Move and Groove Twins game against DET Finish the line Discover America..Niagara Falls Snack and Chat ... Dark Beer Bread Hymn sing	08 This Day in History Music with Rhythm Laughter is the Best Medicine Would you Rather Bingo Snack and Chat Twins Home Opener game against SEA Afternoon Stroll	09 This Day in History Culinary Creations White Board Games Snack and Chat Table top games Reminiscing boxes	10 This Day in History White Board Games Music and Movement Twins game against SEA Snack and Chat Reminiscing with the Senses... remembering going to the zoo Coloring Group Evening movie
11 St. Mary's of the Lake Catholic Services Livestream This Day in History Community of Grace Lutheran Services Livestream - Twins game against SEA Bingo Snack and Chat Card Games.. Flip It	12 This Day in History Stretch and release Can You Picture This? ... sold Twins game against BOS Manicure Monday Snack and Chat Sing A Long	13 National Peach Cobbler Day This Day in History Mens Group... blue bird houses Twins game against BOS Bingo Snack and Chat-peach cobbler Reflections	14 Tom's Birthday This Day in History White Board Games Move and Groove Twins Game against Bos Discover America ... Niagara Falls Snack and Chat Hymn sing Memory Care Worship Service	15 This Day in History Music with Rhythm Would you Rather Twins game against BOS Bingo Snack and Chat Afternoon Stroll Laughter is the Best Medicine	16 PAJAMA DAY! This Day in History Culinary Creations.....bread Craft Time.. Make a wish craft Snack and Chat Fun and Games Detective Reminiscing boxes Twins game against LAA	17 This Day in History White Board Games Music and Movement Snack and Chat Reminiscing with the Senses...Remembering going to the zoo Coloring Group Twins game against LAA
18 St. Mary's of the Lake Catholic Services Livestream This Day in History Community of Grace Lutheran Services Livestream Bingo Helping Hands Snack and Chat Twins game against LAA	19 This Day in History Stretch and release Over Under Game Sing A Long Snack and Chat Manicure Monday - Twins game against OAK	20 This Day in History Mens Group... blue bird houses Bingo Snack and Chat Reflections Twins game against OAK	21 This Day in History White Board Games Move and Groove Discover America..Niagara Falls Twins game against OAK Snack and Chat Hymn sing Memory Care Worship Service Evening Movie on Channel 2	22 This Day in History Music with Rhythm Would you Rather Bingo Snack and Chat Afternoon Stroll Laughter is the Best Medicine Evening Movie on Channel 2	23 This Day in History Culinary Creations White Board Games Snack and Chat Table top games Reminiscing boxes Twins game against PIT	24 This Day in History White Board Games Music and Movement Twins game against PIT Snack and Chat Reminiscing with the Senses...Remembering going to the zoo Coloring Group
25 St. Mary's of the Lake Catholic Services Livestream Community of Grace Lutheran Services Livestream Twins game against PIT Bingo Snack and Chat Card Games.. Flip It Short Story	26 This Day in History Stretch and release White Board Games Sing A Long Snack and Chat Manicure Monday Twins game against CLE	27 Waffle Breakfast This Day in History Mens Group... blue bird houses Bingo Snack and Chat Twins game against CLE Reflections	28 Superhero Day This Day in History Move and Groove Twins game against CLE Finish the line Discover America..Niagara Falls Snack and Chat Hymn sing Memory Care Worship Service	29 This Day in History Music with Rhythm Would you Rather Bingo Snack and Chat Afternoon Stroll Laughter is the Best Medicine Evening Movie on Channel 2	30 This Day in History Culinary Creations Craft Time ... Fork n Yarn Dandelion Snack and Chat Table top games Reminiscing boxes Twins game against KC	



Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual
- Health Services