

# HAPPY HALLOWEEN

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

OCTOBER 2020

				01	02	03
				<ul style="list-style-type: none"> <li>This Day in History</li> <li>Music with Rhythm</li> <li>Word Games</li> <li>Short Story..</li> <li>Bingo</li> <li>Snack and Chat</li> <li>Afternoon Stroll</li> <li>Lotion Massages</li> </ul>	<ul style="list-style-type: none"> <li>This Day in History</li> <li>Funny Videos</li> <li>White Board Games</li> <li>Snack and Chat</li> <li>Table top games</li> <li>Reminiscing boxes</li> </ul>	<ul style="list-style-type: none"> <li>This Day in History</li> <li>White Board Games</li> <li>Music and Movement</li> <li>Snack and Chat</li> <li>Reminiscing with the Senses-Walk in the Woods</li> <li>Evening movie</li> </ul>
04	05	06	07	08	09	10
<ul style="list-style-type: none"> <li>St. Mary's of the Lake Catholic Services Livestream</li> <li>Community of Grace Lutheran Services Livestream</li> <li>Vikings Game</li> <li>Bingo</li> <li>Helping Hands Magazine Scavenger Hunt</li> <li>Snack and Chat</li> </ul>	<ul style="list-style-type: none"> <li>This Day in History</li> <li>Stretch and release</li> <li>White Board Games</li> <li>Sing A Long &amp; Remembering Night Songs</li> <li>Communion</li> <li>Snack and Chat</li> <li>Manicure Monday</li> </ul>	<ul style="list-style-type: none"> <li>This Day in History</li> <li>White Board Games</li> <li>Craft Time - Finish Owl Centerpieces</li> <li>Bingo</li> <li>Active games - Owl Game</li> <li>Snack and Chat</li> <li>Lotion Massages</li> </ul>	<ul style="list-style-type: none"> <li>This Day in History</li> <li>White Board Games</li> <li>Finish the line</li> <li>Walks Outside</li> <li>Discover Canada &amp; Snack and Chat</li> <li>Hymn sing</li> <li>Memory Care Worship Service</li> </ul>	<ul style="list-style-type: none"> <li>This Day in History</li> <li>Music with Rhythm</li> <li>Bingo</li> <li>Snack and Chat</li> <li>Afternoon Stroll</li> <li>Lotion Massages</li> <li>Evening Movie on Channel 2</li> </ul>	<ul style="list-style-type: none"> <li>This Day in History</li> <li>Funny Videos</li> <li>White Board Games</li> <li>Short Story</li> <li>Snack and Chat</li> <li>Pumpkin Decor</li> <li>Reminiscing boxes</li> </ul>	<ul style="list-style-type: none"> <li>This Day in History</li> <li>White Board Games</li> <li>Music and Movement</li> <li>Can You Picture This?</li> <li>Snack and Chat</li> <li>Reminiscing with the Senses-Walk in the Woods</li> <li>Coloring Group</li> <li>Evening movie</li> </ul>
11	Columbus Day 12	13	14	15	16	17
<ul style="list-style-type: none"> <li>St. Mary's of the Lake Catholic Services Livestream</li> <li>Community of Grace Lutheran Services Livestream</li> <li>Bingo</li> <li>Helping Hands Magazine Scavenger Hunt</li> <li>Snack and Chat</li> <li>Vikings Game</li> </ul>	<ul style="list-style-type: none"> <li>Sing A Long &amp; Remembering Night Songs</li> <li>This Day in History</li> <li>Snack and Chat</li> <li>Manicure Monday</li> </ul>	<ul style="list-style-type: none"> <li>This Day in History</li> <li>White Board Games</li> <li>Craft Time - Acorn Garland</li> <li>Bingo</li> <li>Snack and Chat</li> <li>Active games</li> <li>Lotion Massages</li> </ul>	<ul style="list-style-type: none"> <li>This Day in History</li> <li>White Board Games</li> <li>Walks Outside</li> <li>Finish the line</li> <li>Discover Canada</li> <li>Snack and Chat</li> <li>Hymn sing</li> </ul>	<ul style="list-style-type: none"> <li>This Day in History</li> <li>Music with Rhythm</li> <li>Bingo</li> <li>Snack and Chat</li> <li>Afternoon Stroll</li> <li>Lotion Massages</li> <li>Evening Movie on Channel 2</li> </ul>	<ul style="list-style-type: none"> <li>This Day in History</li> <li>Funny Videos</li> <li>White Board Games</li> <li>Fall Fiddler Detective</li> <li>Snack and Chat</li> <li>Table top games</li> </ul>	<ul style="list-style-type: none"> <li>This Day in History</li> <li>White Board Games</li> <li>Music and Movement</li> <li>Reminiscing with the Senses-Walk in the Woods</li> <li>Snack and Chat</li> <li>Coloring Group - painting pumpkins</li> <li>Evening movie</li> </ul>
18	19	20	21	22	23	24
<ul style="list-style-type: none"> <li>St. Mary's of the Lake Catholic Services Livestream</li> <li>This Day in History</li> <li>Community of Grace Lutheran Services Livestream</li> <li>Vikings Game</li> <li>Bingo</li> <li>Helping Hands Magazine Scavenger Hunt</li> </ul>	<ul style="list-style-type: none"> <li>Stretch and release</li> <li>White Board Games</li> <li>Sing A Long &amp; Remembering Night Songs</li> <li>Communion</li> <li>Snack and Chat</li> <li>Manicure Monday</li> </ul>	<ul style="list-style-type: none"> <li>This Day in History</li> <li>White Board Games</li> <li>Craft Time</li> <li>Bingo</li> <li>Snack and Chat</li> <li>Active games</li> <li>Lotion Massages</li> </ul>	<ul style="list-style-type: none"> <li>This Day in History</li> <li>White Board Games</li> <li>Discover Canada</li> <li>Finish the line</li> <li>Walks Outside</li> <li>Snack and Chat</li> <li>Hymn sing</li> <li>Memory Care Worship Service</li> </ul>	<ul style="list-style-type: none"> <li>This Day in History</li> <li>Music with Rhythm</li> <li>Bingo</li> <li>Sing A longs with Marge</li> <li>Snack and Chat</li> <li>Afternoon Stroll</li> <li>Lotion Massages</li> <li>Evening Movie on Channel 2</li> </ul>	<p><b>GO PINK for breast cancer awareness!</b></p> <ul style="list-style-type: none"> <li>This Day in History</li> <li>Funny Videos</li> <li>White Board Games</li> <li>Short Story</li> <li>Snack and Chat</li> <li>Table top games</li> <li>Reminiscing boxes</li> </ul>	<ul style="list-style-type: none"> <li>This Day in History</li> <li>White Board Games</li> <li>Music and Movement</li> <li>Reminiscing with the Senses-Walk in the Woods</li> <li>Snack and Chat</li> <li>Coloring Group</li> <li>Evening movie</li> </ul>
25	26	27	28	29	30	Halloween 31
<ul style="list-style-type: none"> <li>St. Mary's of the Lake Catholic Services Livestream</li> <li>This Day in History</li> <li>Community of Grace Lutheran Services Livestream</li> <li>Bingo</li> <li>Helping Hands Magazine Scavenger Hunt</li> <li>Snack and Chat</li> </ul>	<ul style="list-style-type: none"> <li>This Day in History</li> <li>Stretch and release</li> <li>White Board Games</li> <li>Sing A Long &amp; Remembering Night Songs</li> <li>Rosary Services</li> <li>Snack and Chat</li> <li>Manicure Monday</li> </ul>	<ul style="list-style-type: none"> <li>Waffle Breakfast</li> <li>This Day in History</li> <li>White Board Games</li> <li>Craft Time - Make Thankful Tree</li> <li>Bingo</li> <li>Snack and Chat</li> <li>Active games</li> <li>Lotion Massages</li> </ul>	<ul style="list-style-type: none"> <li>This Day in History</li> <li>White Board Games</li> <li>Finish the line</li> <li>Discover Canada</li> <li>Walks Outside</li> <li>Snack and Chat</li> <li>Hymn sing</li> <li>Memory Care Worship Service</li> </ul>	<ul style="list-style-type: none"> <li>This Day in History</li> <li>Music with Rhythm</li> <li>Bingo</li> <li>Snack and Chat</li> <li>Afternoon Stroll</li> <li>Lotion Massages</li> <li>Evening Movie on Channel 2</li> </ul>	<p><b>Costume Day! Happy Halloween!</b></p> <ul style="list-style-type: none"> <li>This Day in History</li> <li>Funny Videos</li> <li>White Board Games</li> <li>Scary Story Detective</li> <li>Snack and Chat</li> <li>Table top games</li> </ul>	<p><b>Costume Day! Happy Halloween!</b></p> <ul style="list-style-type: none"> <li>This Day in History</li> <li>Music and Movement</li> <li>White Board Games</li> <li>Reminiscing with the Senses-Walk in the Woods</li> <li>Snack and Chat</li> <li>Coloring Group</li> <li>Evening movie</li> </ul>



Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual
- Health Services