



# Dementia Education Series

This educational series is intended to provide information and support for the caregiver of a loved one living with Alzheimer's or dementia-related memory loss. The individual with dementia will have the option of attending the workshop or being part of music therapy and lunch in our beautiful memory care neighborhood. This will allow the caregiver to have a much needed break and be free of distraction while receiving great information and encouragement.

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***Fridays • 10:30 a.m. – 12:30 p.m. • Lunch included***

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***March 22*** – Cognitive Assessment – What is it and what can I learn from it?

***March 29*** – PT/OT – How can it support a person with dementia

***April 12*** – Recreational Therapies – Support through interaction

***April 19*** – Dementia Care Is Changing, Are You?

***April 26*** – Realities of Dementia – Family-friendly tools and tips

***May 3*** – As the Cookie Crumbles – caregiver support

***May 10*** – Film showing of “A Timeless Love” and talk back/Q & A

***May 17*** – Shifting from Crisis to Comfort

***May 24*** – Expectations of Memory Care Placement

RSVP two days in advance of each event by calling 651-350-1703

**GABLE PINES**  
AT VADNAIS HEIGHTS

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